Another Things You Should Know About Lianhua
1. Holistic Development

- Engaged in Sport Activities
- Lead a Healthy Lifestyle
- Enjoy Learning
- Think critically and creatively
- Grounded in Values
- Empowered to Lead
- Love Singapore
- Immersed in the Arts
- Appreciate the Arts

Physical - Intellectual - Social-Moral - Aesthetics
PAL
Programmes For Active Learning

About PAL
Designed in-house for all P1 & P2
2h per week

4 Key Modules
- Visual Arts
- Performing Arts

- Sports & Games
- Outdoors Education
Outcomes of PAL

☆ Build confidence in what they do and express themselves effectively
☆ Show curiosity and positive attitudes to learn
☆ Enjoy group experiences and teamwork
Focus of PAL

Self-Management
Managing emotions and behaviors to achieve one's goals

Self-Awareness
Recognizing one's emotions and values as well as one's strengths and challenges

Social Awareness
Showing understanding and empathy for others

Responsible Decision-Making
Making ethical, constructive choices about personal and social behavior

Relationship Skills
Forming positive relationships, working in teams, dealing effectively with conflict

Social & Emotional Learning
2. Getting Help

Speak with your Form or Co-form Teachers

Speak with your Year Head
P1 – Mrs Victoria Low

Speak with your Vice-Principals & Principal
3. Communicating with Teachers
3. Communicating with Teachers
3. Communicating with Teachers
4. Caring Teachers

“Your heart is slightly bigger than the average heart, but that’s because you’re a teacher.”
5. Parents, Our Supportive Partners
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Useful website:

Parents in Education
Building on Trust: Partnering as One
Quality of School Experience
thank you!